

# Legacy

Investing Today to Impact Tomorrow

# Newsweek



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**BEST  
NURSING  
HOMES**

2022

**Newsweek**

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The praise for this honor is appropriately to be bestowed on our amazing and dedicated direct care staff and the entire Pavilions team who support our residents care, especially over the past 20 months in response to the pandemic.

- ▶ **Season of Gratitude**
- ▶ **Best Nursing Homes**
- ▶ **Learning to Lead**
- ▶ **Community Partnerships**
- ▶ **Come Back to Caring**
- ▶ **Lights of Love Celebration**



# A Grand Mission



The mission of the Grand Traverse Pavilions is to provide accessible, trusted and compassionate care that enhances quality of life for aging adults. As the region's first and only public, nonprofit Continuum of Care the Pavilions features:

- Long-term Skilled Nursing Care
- Short-term Rehab
- The Wellness Center: Inpatient and Outpatient Therapy
- The Cottages: Independent and Assisted Living
- Overnight Respite and Adult Day Services

Among the top employers in Grand Traverse County with over 300 employees, The Pavilions injects more than \$30 million into the local economy making a significant economic impact in our community. Grand Traverse Pavilions has operated financially self-sufficient for over 30 years and does not rely on allocation of county general funds or an operational millage while providing \$4.4 million worth of charitable care annually to some of the area's most vulnerable citizens.

With residents, participants, therapy patients, volunteers, and staff, Grand Traverse Pavilions is more than just a nursing home. It's a grand community of caring for generations.



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Legacy is a publication of the Grand Traverse Pavilions Foundation. If you no longer wish to receive mail from us or to change your contact information please contact Jena at [jcapriccioso@gt pavilions.org](mailto:jcapriccioso@gt pavilions.org) or call (231) 932-3019. We would also love to add you to our email list. Please share your email with us so we can keep you better informed of what's happening here at Grand Traverse Pavilions.

- LETTER FROM INTERIM CEO/ADMINISTRATOR, ROSE COLEMAN **2**  
Season of Gratitude
- BEST NURSING HOMES DESIGNATION **3**  
Newsweek National Award
- LEARNING TO LEAD **4**  
Jena Capriccioso
- COMMUNITY P[ART]NERSHIPS **5**  
Concerts on the Lawn
- MAKE IT GRAND-PARENT CHALLENGE **6**  
Grand Prize Essay Winner
- COME BACK TO CARING **7**  
New Incentives for 2022
- BENEVOLENT CARE **8**  
Family Pays it Forward
- LIGHTS OF LOVE CELEBRATON **9**  
Giving Brings Healing and Hope
- WE'D LIKE YOU TO "MOVE IT, MOVE IT!" **10**  
Grand Traverse Pavilions Wellness Center



**Grand Traverse Pavilions  
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# Season of Gratitude



By Rose Coleman,  
Interim CEO/Administrator

**A**s we enter the season of Gratitude there are so many opportunities to share thanks. I'm especially thankful for the Pavilions staff, the families that entrust their loved ones to our care, and to our community partners who have demonstrated their commitment to Grand Traverse Pavilions. I'd like to also express my personal gratitude to the Grand Traverse County

Department of Health and Human Services (DHHS) Board, for their vote of confidence in my administrative ability to lead the Pavilions organization during this transition of leadership.

Last month we had a retirement reception to honor two gentlemen who dedicated a large portion of their careers, and lives, to the service to others. Ralph "Chief" Sofferdine, not only served the community as Fire and Police Chief in Grand Traverse County, but he also served as Chairman of the County Department of Health and Human Services Board, which governs the Pavilions as the County's Municipal Senior Care facility. We also celebrated the contribution of Kory Hansen, who served the Pavilions for nearly 30 years - the last twelve as CEO/Administrator. These two gentlemen helped expand the Pavilions services over three decades, and were central in establishing the Program of All-inclusive Care for the Elderly (PACE) North for our region. Their contributions for the safety and care our seniors and our families are to be commended, and we owe them both our sincere "Gratitude."

While I'm giving thanks, there is an entire group of people that I personally want to acknowledge. They are the front line or direct care workers (and those who support them)! We all have

times in our career when we have been asked to give a little extra, work late a few nights, take on an extra shift, or help out a co-worker that isn't feeling well. However, no one is emotionally or physically prepared to work at the level, or for the duration, that our health care workers have been required to endure over the past twenty months during the pandemic. The senior care industry has been especially hard hit from the onset of the COVID outbreak. Nursing homes, their staff, and their vulnerable elderly residents across the country have been significantly impacted, not just by the virus, but by the negative press and the fear that has resulted in hundreds of thousands of health-care workers leaving the field, many after vibrant careers as nurses and certified nursing assistant (CNA) caregivers. While this is indeed a national trend, it is now being called a national healthcare worker "crisis" that is undeniably impacting our local community.

The Pavilions leadership, along with the DHHS Board, recently acknowledged this challenge, which has recently forced us to limit new admissions. The safety of our residents and staff is our greatest priority. Therefore, we must make these difficult decisions responsibly to safely manage the resident-to-healthcare-worker ratio, which, in turn, insures we are able to deliver the highest quality of care. We are now actively recruiting all levels of healthcare workers and have recently received approval to increase our starting wages for direct care workers. Never before have healthcare workers been so needed! If you are considering a career in healthcare, are recently retired, or were one of the care workers who decided to take a break from healthcare during the pandemic, we ask you to "please consider coming back and caring for your community." We invite you to read the article about some of the new benefits and increased wages we are offering in the "Come Back to



A special Retirement Reception was held in appreciation for more than 60 years of combined dedication to services for aging adults in the Grand Traverse region were bestowed upon Kory Hansen, Administrator/CEO of Grand Traverse Pavilions and Ralph Sofferdine, Past Chair and Member of the Grand Traverse County Department of Health and Human Services on the announcement of their respective retirement announcements.

These two gentlemen helped expand the Pavilions services over three decades, and were central in establishing the Program of All-inclusive Care for the Elderly (PACE) North for our region. Their contributions for the safety and care our seniors and our families are to be commended, and we owe them both our sincere "Gratitude."

Caring" article by Diane Mallory, Human Resources Director for the Pavilions.

To the residents and families who have expressed their loyalty and confidence in the Pavilions staff, I am incredibly grateful. To the staff who have demonstrated their commitment to caring for our communities elders during these challenging times, we celebrate your caring nature! And to those of you who are considering returning or starting a career in caring for others – we welcome you! This is a great time to join the Pavilions as we are preparing to institute new wage and benefit incentives for our Pavilions family as we regrow our ranks.

I remain honored, and humbled, to be able to help lead the Pavilions organization during these times of great change and opportunity. I'm also very optimistic that as vaccination rates increase, and infection rates decline, we are on our way to seeing the pandemic as a thing of past. I believe I speak for all of us at the Pavilions when I say, especially this season, we are eager to get back to welcoming the community to our facility during the holidays and visiting with our residents families.

We sincerely hope you also have many things to be grateful for this season...and well into the New Year!



Grand Traverse Pavilions is honored to be recognized by NEWSWEEK as one of the Nation's "Best Nursing Homes 2022." This honor is especially significant as the Pavilions is the largest municipal nursing home in Michigan, and as a public facility we are often held to a higher standard than our for-profit counterparts. We at the Pavilions sincerely hope that the communities we serve in the Grand Traverse Region will find great comfort that we remain committed to providing the highest quality of care for our residents. The praise for this honor is appropriately to be bestowed on our amazing and dedicated direct care staff and the entire Pavilions team who support our residents care, especially over the past 20 months in response to the pandemic.

Facility	City	US State	Certified Beds	Medicare/Medicaid Accepted	Contributing Care, Retirement Community	Resident and Family Council
Flanaganview Care Center	Flora	OH	102	Medicare and Medicaid	N	Resident
Southeastern Veterans' Center	Spring City	PA	238	Medicaid	N	Both
Salem Health & Rehabilitation Center	Salem	VA	240	Medicare and Medicaid	N	Resident
Compass Health - Mission View Health Center	San Luis Obispo	CA	102	Medicare and Medicaid	N	Resident
12 Jackson Memorial Penrose Medical Center	Culter Bay	FL	161	Medicare and Medicaid	N	Both
12 Lexington Health - of Lake Zurich	Lake Zurich	IL	203	Medicare and Medicaid	N	Resident
12 Highlands, The	Fitchburg	MA	168	Medicare and Medicaid	N	Both
12 ManorCare Health Services - Chevy Chase	Chevy Chase	MD	172	Medicare and Medicaid	Y	Both
12 <b>Grand Traverse Pavilions</b>	Traverse City	MI	240	Medicare and Medicaid	N	Resident
13 Woodbury Health Care Center - Woodbury	Woodbury	MN	155	Medicare and Medicaid	N	Both
12 Delmar Gardens - of Chesterfield	Chesterfield	MO	204	Medicare and Medicaid	N	Resident
12 Elmhurst Hills Healthcare & Rehabilitation Center	Elizabeth	NJ	300	Medicare and Medicaid	N	None
12 ArchCare at Terence Cardinal Cooke Health Care Center	New York	NY	876	Medicare and Medicaid	N	Both
12 Cedar Village Senior Living	Mason	OH	102	Medicare and Medicaid	Y	None

# Learning to Lead

– Jena Capriccioso, Marketing Coordinator

**M**arketing Coordinator, Jena Capriccioso is a current member of the Chamber Program's Leadership Grand Traverse (LGT) association, a community-based program that prepares individuals from all business sectors for decision-making leadership roles in a multitude of areas including policy, program implementation, and development. The LGT program provides participants with unique access and exposure to many fundamental resources and dignitaries across the Grand Traverse region comprising of health and human services, community and economic development, natural resources, civic leadership, along with, agriculture and sustainability.



Jena Capriccioso, Marketing Coordinator

LGT is designed for professionals who encompass high moral integrity and are committed to help build a thriving regional community. The selective program is offered once a year, with scholarship opportunities available through sponsorships affiliated with Michigan's Creative Coast.

In July, Capriccioso was selected to receive a scholarship to be a participant in the 2021/22 Leadership Grand Traverse



## Leadership Grand Traverse Class on the Trails

Jena Capriccioso and her fellow Leadership Grand Traverse (LGT) classmates took to the trail recently as an awareness building exercise, to gain a greater appreciation for the natural resources and recreational opportunities in the Grand Traverse region. To learn more about Leadership Grand Traverse visit: <https://traverseconnect.com/get-involved/chamber-programs/leadership-grand-traverse/>

program. "Without a doubt, this opportunity has helped me to build stronger connections within the community and to challenge myself internally. I have gained such invaluable perspectives and insights from my fellow peers and community leaders that will undoubtedly further my leadership skills and abilities and prove to be beneficial as I continue to grow and evolve with the Grand Traverse Pavilions organization. I am sincerely grateful and humbled to have received a scholarship opportunity through Blue Cross and Blue Shield of Michigan." shared Capriccioso.

**F**amily members of residents can follow the sights of the season on the Grand Lawn of the Pavilions campus by logging on the Pavilions Website under News/Events and clicking on one of the Web Live Streaming Cameras made possible by CommunO2 ("Community Oxygen"). This feed is a safe, secure, free, and extremely easy to use integrated platform which has partnered with the Pavilions to share the summer music series "Concerts on the Lawn," as well as, beautiful scenes such as this recent fall picture of our "first snow of the season" to our extended family. We encourage you to visit the following link: <https://www.gtpavilions.org/>



## Winter Weather Visitation Update

news-events/live-streaming-information/

As the picture clearly indicates the colder temperatures will require the Pavilions to adjust the previous "Outdoor Visitation Policy", and consider options to allow limited indoor visitations for fully vaccinated family members.

Each week Grand Traverse Pavilions publishes the "Family Weekly Update" for residents and their families to review the most current information

regarding COVID infection rates, any positive staff or resident test results, and information on changes to the visitation policies. This information can be viewed on the Pavilions website at <https://www.gtpavilions.org/family-weekly-updates/>

# Community P[ART]nerships

Adam Dennis - Development Coordinator

“The Arts” have long been an important component to the Eden philosophy of care at the Pavilions, and it continues to provide opportunities for meaningful local partnerships in our community. Quality of care and quality of life for our elders is what the Pavilions is all about and that means providing opportunities for our residents to be immersed in the things that bring joy to the human experience, and culture/the arts are at the top of that list.

This awareness of the importance of the arts for all ages is what initiated the well-known Concerts on the Lawn- to provide music therapy for our Pavilions residents and their families. Now, over 20 years after its inception, the community-favorite free summer concert series is more popular than ever, often drawing crowds of thousands of people. It continues to create a space for local artists, Pavilions residents and families, and people from all over our region to interact...together...in

enjoyment of the sights and sounds of what makes life, especially in Northern Michigan, so rich. We are extremely grateful to our community partners like Serra Subaru of Traverse City, the Michigan Council for the Arts and Cultural Affairs/Northwest Michigan Arts & Culture Network, and the many others listed on our “thank you” below for the 2021 concert season.

In 2021, in addition to relaunching a hugely successful in-person live Concerts on the Lawn concert series that ran each Thursday night July through August, the Pavilions also had the opportunity to partner with and welcome some other local and regional arts entities to our campus and our Pavilions Grand Lawn and stage.



At the end of June, residents, families, and community friends of the Pavilions came out for a special patriotic concert with Michigan’s own 126th Army Band, featuring a tribute to the armed forces (in which many of our residents bravely served). In July, we were delighted to host the Northwestern Michigan College Concert Band who gave an incredible show featuring unforgettable adaptations of Beatles music, Disney’s most beloved songs, and many other well-known crowd pleasing musical numbers. In August, we were honored to be chosen as a host-site for an exciting world-class endeavor in the regional arts scene – the Traverse City Dance Project. The convergence of professional ballet dancers from all over the world and a string quartet from the highly acclaimed Traverse Symphony Orchestra, with the incredible backdrop of the historic Pavilions cottages, on a late summer day was nothing short of stunning. That same day saw a bevy of local painters participating in the Crooked Tree Arts Center’s – Paint Grand Traverse Plein Air event using the scenic Pavilions grounds as inspiration. These events were initially promoted in the “summer issue” of Legacy in August, but the gratitude bears repeating.

The Pavilions is building on its legacy of championing the arts and this has been affirmed and generously recognized by the Michigan Council for the Arts and Cultural Affairs who have been a significant financial partner in the Pavilions arts initiatives. Our inclusion of the arts not only brings joy to our dear Pavilions residents and community guests, but it serves to form incredibly meaningful bonds of partnership and support with various groups and organizations who are deeply invested in the importance and furtherance of the arts as an “ageless activity” in Northern Michigan.

# Make it GRAND- Parent Essay Wrap Up

The “MAKE IT GRAND-Parent Essay Challenge” was geared toward students of all ages to celebrate the legacy and impact that our elders have had on us... specifically, grandparents.” shared Debora Allen, Chief Development and Community Engagement Officer for Grand Traverse Pavilions. The Make it GRAND-parent promotion celebrates the relationships and importance of grandparents at a time when national trends are demonstrating that more grandparents are actually helping or taking responsibility for raising their grandchildren, forgoing their “golden years” for the sake of their beloved grandchildren.

The Pavilions is committed to raising up grandparents, to show that they are important, valued, and essential to the success of the family unit, and our communities. Presented by Grand Traverse Pavilions Foundation, with sponsorship support from PNC Bank, the MAKE IT GRAND-Parent Essay Challenge is a promotion that both celebrates aging adults and brings awareness to the need to support their quality of life as they age. PNC Bank, Regional Business Banking

Relationship Manager, Jordan Hogg, shared “PNC is honored to support the Make It Grand-Parent Essay Challenge because at PNC we have supported healthy childhood development through the PNC Grow Up Great initiative that champions early childhood education. We recognize the importance of the family unit, and how many grandparents are taking an active role in their grandchildren’s lives, and we are proud to help recognize them.”

Grand Prize Essay winner was Alexis Sattler, age 17, a student at Kingsley High School. “Her essay about her Grandmother was exceptionally touching,” stated Allen. Sattler excelled over the field of sixteen responses from age groups of 7 – 18+. The runners up were Ruth Fiona Paddock in the 7-10 age group, Ava Higgins in the 11-1 age group, and Ashley Anderson in the 18+ group. Allen congratulates all of the winners, and whole heartedly thanks all of the students who submitted an essay. Every grandparent celebrated



Alexis Sattler, winner of the Make It Grand-Parent Essay Challenge.

represents the loving impact they have had on their families. The Awards were announced on Sunday, September 12, 2021, National Grandparents Day – a wonderful time to tell Grandparent how much they are appreciated!

To view the Make it GRAND-Parent Essay Challenge Video visit <https://www.gtpavilions.org/news-events/make-it-grand-parent-essay-challenge-Update/> page on the Pavilions website.

**SAVE THE DATE!**

**The GRAND EVENT**

**LIFE**

**FRIDAY, May 6, 2022 | Park Place Hotel 6:30pm-10:30pm**

Until We Can Safely Gather Again...

THANK YOU

Supporting

6 feet

Grand Sponsor PNC



Thanks for making our health today's biggest priority.

The well-being of a community hinges on the health of the people who live there. We're proud to acknowledge Grand Traverse Pavilions for helping our community be a healthy place, one person at a time.

For help with your financial well-being, call to make an appointment at a local Traverse City branch. 231-935-1111 [pnc.com](http://pnc.com)

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According to Bridge Michigan...there is a shortage of 34,000 workers, or nearly 30% of the healthcare workforce needed in Michigan.

# Come Back To Caring

Diane Mallory - Directory of Human Resources

Prior to the COVID Pandemic there was a Healthcare worker shortage in Michigan. According to Bridge Michigan ([www.bridge-mi.com](http://www.bridge-mi.com) Feb. 5, 2021) there are more than 120,000 healthcare related jobs in the state, however, there is a shortage of 34,000 workers, or nearly 30% of the healthcare workforce needed in Michigan. So, the workforce shortage is not an issue unique to Grand Traverse Pavilions, or Grand Traverse County, however, it may seem more intense in our region because we have a significantly higher number of aging adults than most other regions of the state, or nation.

The Grand Traverse Department of Health and Human Services acknowledged the healthcare worker challenge and was supportive at their last meeting by recognizing that more needs to be done to entice potential workers to the Pavilions. With this in mind, the following are some of the most recent incentives that are being offered starting in the New Year (2022) to new, or previous, healthcare workers to help

encourage them to “come back to caring” for our community:

- The State “Essential Worker Bonus” of \$2.35 per hour has been extended through the current year (state budget) for direct care staff.
- Starting wage for Certified Nurse Aides has been increased to \$18.02 per hour
- Shift differentials increased to \$2.00 per hour and \$1.00 per hour weekends
- Wages for nurses... LPN \$24.42, RN \$32.50
- New The Pavilions will establish a Defined Contribution Plan that starts upon hire (no need for “vesting” over a multi-year period) for all full-time staff, that is portable if they should decide to change careers in the future, with the Pavilions contributing 5% of gross wages.
- New Early Wage Access is an opportunity to get paid for hours worked prior to your regular scheduled payday



- New Current Employees can earn a \$1,000 referral bonus for helping to hire full time essential direct care workers such as a Nurse, CNA and Universal Worker

Additionally, also new to the organizations is a “Services Sharing” bonus that if we collectively are able to grow our direct care staff, which will in turn allow us to increase our daily resident census, we will all share in a Service Sharing Bonus based on the increased revenue generated by the additional revenue for our organization. This creates a collective incentive to hire, support and retain our staff going forward.

## That's a Wrap...

The ability for residents to enjoy the outdoors, excursions in the community, and local grocery shopping is all dependent on our ability to transport them safely. Recently the Pavilions was able to purchase a new Transport bus in great thanks to the generosity of The Hayden Family Foundation and The Art and Mary Schmuckal Family Foundation (as promoted in the Spring 2021 issue of Legacy. However, the ability to use the bus to help promote recruitment efforts for Certified Nurses Aides and other available healthcare worker positions was an innovative approach while also helping to build brand awareness of Grand Traverse Pavilions in our community.



# Benevolent Care: Family Paying it Forward

Deborah Allen - Chief Development and Community Engagement Officer

Being the oldest child in a family often includes inherent responsibilities for looking out for your younger siblings. However, for Barbara Lemcool, the role of “Big Sister” for her younger sisters has been a lifelong commitment. She admitted that it has not always been easy, having lost one of her younger sisters, Lynn, way too early in life. Barb shared her two remaining sisters, Rebecca (the youngest) and Andria, are currently not in the best of health. Barbara currently serves as Co-Guardian for her sister, Andria, along with her Niece Jennifer. Jennifer, who works as an Activities Director for a local Independent senior care facility stated “Having my Aunt Barb help me with Mom’s care has been wonderful – it would have been overwhelming to have to make decisions about her care by myself.” While Barb welcomes the opportunity to continue to care for her younger sisters, she admits, “I’m so grateful to the staff and leadership at Grand Traverse Pavilions. They really are a God-send for families, like ours, and so many others who have to make difficult decisions for the care of their loved ones.”

Barbara, and her husband Herb Lemcool, are no strangers to the mission of Grand Traverse Pavilions. Herb served as the County Liaison from the Grand Traverse County Board of Commissioners to the County Department of Health and Human Services Board from 2008 – 2012. He was, in fact, part of the team that had regular discussions regarding how the Pavilions, as a municipal/public senior care facility, would serve the aging needs of the County’s adult population. He never imagined that those discussions would one day directly impact his family.

As Barbara described, this greater sense of awareness of the importance of the



Sisters, Andria Carmien and Barbara Lemcool share a fall day at Friske Orchards reminiscing about their childhood.

Pavilions has gifted them with an affinity for the work that Grand Traverse Pavilions had done for our community. She admits, it wasn’t until most recently when Barb’s sister Andria needed some assistance to transition from being independent, to living in a care facility, that she fully realized the scope of the Pavilions services. The Pavilions, a full-continuum of care, which includes Outpatient Wellness services, a Skilled Nursing Facility (SNF) offering Rehabilitation services, Memory Care, as well as, Independent and Assisted Living residential services at the Cottages. Barb shared that Andria, who also made a career out of caring for aging adults, was initially adamant about not being “put in a home.” However, when her care needs became more than Jennifer and Barbara could handle, they had to make that difficult decision. “I can’t say enough about Shelby, Residential Services Director at the Cottages. Shelby literally took Andria by the hand and together they went to lunch at Willow Cottage, immediately Andria felt this was a place where she felt safe and secure.” According to Barbara.

Andria is like many residents at the Cottages, who may not have extensive

In gratitude for the care provided for her Sister, the Lemcool’s made a generous gift to the Pavilions Foundation’s Benevolent Endowment Fund to “pay it forward” to other families so these services are available for the next generation.

savings or resources to afford their care, but because of the charitable mission of the Pavilions Foundation, it has been able to offer modest financial assistance to eligible individuals through the Pavilions Benevolent Care Endowment Fund. Barb explained “Andria dedicated her life to the care of others. She was a single mother, who raised three children by herself. She wasn’t able to save, or establish a retirement savings. Her assets are modest. So to know that she can receive such wonderful care, and have a quality of life at the Pavilions that includes the summer concerts on the lawn, socialization with others in her condition, enjoy games, trips in the community, and quality care... it gives me peace of mind that she is in capable and compassionate hands.”

In gratitude for the care provided for her Sister, the Lemcool’s made a generous gift to the Pavilions Foundation’s Benevolent Endowment Fund to “pay it forward” to other families so these services are available for the next generation. They invite others to join them in this effort. For more information call Adam Dennis, Development Coordinator at Grand Traverse Pavilions at 231-932-3018.



# 2021 *Lights of Love*

**Dear Friends of Grand Traverse Pavilions,**

When there are challenges and uncertainty in our lives we can often find comfort in family, community, and traditions! We hope the Grand Traverse Pavilions Foundation's **Lights of Love** celebration will become part of your Holiday gift giving tradition.

I invite you to join me in supporting **Lights of Love** with a gift in honor or remembrance of a parent, spouse, friend or caregiver who has made a lasting impression on your life. Each gift of \$25 or more will be represented symbolically on the beautifully decorated Holiday Tree in the main lobby of Grand Traverse Pavilions.

The tree will be adorned with lights and holiday ornaments, each a symbol of remembrance, love and honor for someone special. A listing of gifts made will be included on the Grand Traverse Pavilions Facebook page as part of our Holiday Well-Wishes.

In appreciation for your generous support, we hope you will find comfort in knowing that your gifts will allow us to hold a special Holiday "Tea and Treats" for our residents on Monday, December 20, 2021. We look forward to the opportunity to provide our residents with a wonderful celebration of community and remembrance during this upcoming holiday season.

We hope you will agree... "Giving brings healing and hope... while helping others." As funds raised will allow us to purchase Holiday Gifts for our Pavilions and Cottage residents who may not be able to celebrate with family or friends this season.

Thank you in advance for your thoughtful consideration to support the Pavilions Lights of Love Holiday Celebration.

*Warm Holiday Wishes,*

Rose Coleman  
Interim CEO/Administrator



**Grand Traverse Pavilions**  
A COMMUNITY CARING FOR GENERATIONS

# We'd Like You to "Move it, Move it"!

Amy Goneset - Director of The Wellness Center

According to the Department of Health and Human Services Facts & Statistics on physical activity, more than 80% of American adults do not get enough physical activity despite the proven benefits, such as a reduced risk of some cancers and chronic diseases, as well as improved bone health, cognitive function, weight control, and quality of life. As a result, half of adults – 117 million people – have one or more chronic diseases. The good news, according to the American Physical Therapy Association (2021) is that regular physical activity can help prevent and improve many chronic conditions. Barriers to movement and physical activity can be small or large, real or perceived. Whatever barriers may be preventing you from enjoying the many important health benefits of physical activity, physical therapists will partner with you to create a safe and effective program to get you moving.

The Grand Traverse Pavilions Wellness Center physical therapists can help you whether you are having a short term inpatient stay after surgery or an illness, or you are living at home and would benefit from outpatient therapy to reduce/eliminate pain, start a safe exercise program, improve your balance, or reach your highest level of function.

Our therapy is different. If you are trying chiropractic care or have tried therapy in the past without long term success, we want to see you! You will have one-on-one treatment sessions with a therapist, not a technician. The therapists have extensive continuing education in a variety of advanced techniques including manual therapy, myofascial release with/without instruments, aquatic therapy, vestibular/dizziness therapy, exercise prescription for seniors etc., and the list goes on!

In order to start physical therapy or if you have any questions about how we can help you, please call 231-932-3172. Start your path to Wellness today!



**Grand Traverse Pavilions**  
FOUNDATION

1000 Pavilions Circle  
Traverse City, MI 49684

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## Lights of Love 2021

Please complete this form and return in the enclosed reply envelope, or send to:  
**Grand Traverse Pavilions**  
1000 Pavilions Circle  
Traverse City, MI 49684

### Please check desired ornament(s):

- \$500 - Angel
- \$250 - Silver Star
- \$100 - Red Heart
- \$75 - Gold Star
- \$50 - Silver Heart
- \$25 - Lights

**Check/Cash: \$** \_\_\_\_\_  
**is enclosed.**

(Please make checks payable to Grand Traverse Pavilions Foundation)

### Or visit our website to submit request:

<https://www.gtpavilions.org/donate/>

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

### Please clearly print your commemorative message(s) below:

In Memory of: \_\_\_\_\_

In Honor of: \_\_\_\_\_

In Celebration of: \_\_\_\_\_

### Person(s) to be notified of your commemoration gift:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

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Superior Health Quality Alliance recently recognized Senior Care service providers that have achieved a COVID-19 staff vaccination rate of 75% or higher. Grand Traverse Pavilions is pleased to be recognized as a staff "Vaccine Ambassador," and currently maintains a staff vaccination rate of 77.6% and a resident vaccination rate of nearly 99.3%. The Pavilions staff vaccination numbers are well above the average healthcare worker rates of 73%. The Pavilions, like many healthcare facilities, continue to wait for The Centers for Medicare and Medicaid Services (CMS) to publish the requirements for staff vaccinations and the effective date when the order will go into effect. Vaccination rates will admittedly fluctuate with the hiring and the departure of staff.