

Legacy

Investing Today to Impact Tomorrow



“As the seasons change one thing remains constant... Grand Traverse Pavilions is an amazing healthcare resource that is committed to meeting the needs of the growing aging adult population, but it can't be done alone, it will continue to need the support of County leadership, Pavilions staff, and the families it serves.” - Deborah Allen, Director of Development and Community Engagement

- ▶ **Reassessing Goals**
- ▶ **Honoring Caregivers**
- ▶ **Concerts Look Back**
- ▶ **Quilts of Valor**
- ▶ **Fall Prevention Say**
- ▶ **Lights of Love**



A Grand Mission



The mission of the Grand Traverse Pavilions is to provide accessible, trusted and compassionate care that enhances quality of life for aging adults. As the region's first and only public nonprofit full-spectrum of care, the Pavilions features:

- Long-term Skilled Nursing Care
- Short-term Rehab
- The Wellness Center: Inpatient and Outpatient Therapy
- The Cottages: Independent and Assisted Living
- Overnight Respite and Adult Day Services

Among the top employers in Grand Traverse County with over 300 employees, The Pavilions injects more than \$30 million into the local economy making a significant economic impact in our community. Grand Traverse Pavilions has operated financially self-sufficient for over 30 years and does not rely on allocation of county general funds or an operational millage while providing \$4.4 million worth of charitable care annually to some of the area's most vulnerable citizens.

With residents, participants, therapy patients, volunteers, and staff, Grand Traverse Pavilions is more than just a nursing home. It's a grand community of caring for generations.



Grand Traverse Pavilions Foundation Board of Trustees

Dennis Prout, President
Debra Jackson, Vice President
Cynthia Klingler, Treasurer
Rose Coleman, Secretary
Penny Hanks
Maggie Hardy
John Harvey
Agnes Hayden
Dr. Mark Jackson
Atty. Haider Kazim
Brad Mackler
Barbra Mikowski
Ramona Pleva, DC
Jennifer Simmer
Anne Spieles
Michael Watkins
Jan Warren

DHHS Board Members

Cecil McNally, Chair
Gordie LaPointe, Vice-Chair
Mary Marois

Staff

Deborah Allen, Executive Director of Development
and Community Engagement
Clayton Wagatha, Community Relations
and Volunteer Assistant

Legacy is a publication of the Grand Traverse Pavilions Foundation. If you no longer wish to receive mail from us or to change your contact information please contact Clayton at dcrwagatha@gtpavilions.org or call (231) 932-3019. We would also love to add you to our email list. Please share your email with us so we can keep you better informed of what's happening here at Grand Traverse Pavilions.



Grand Traverse Pavilions
FOUNDATION

1000 Pavilions Circle
Traverse City, MI 49684
(231) 932-3000

LETTER FROM CEO/ADMINISTRATOR, ROSE COLEMAN 2
Reassessing the Goals

MRS. KELLY'S JOURNEY HOME 3
Honoring Caregivers

2022 CONCERTS ON THE LAWN 3
A Look Back

QUILTS OF VALOR 4
Outreach Program

NEW WHEELCHAIR WASHER 5
Supporting Infection Control

NATIONAL FALL PREVENTION DAY 6
A Unique Approach

LIGHTS OF LOVE 6
Honoring a Loved One

The Grand Traverse Pavilions, established in 1997 to provide financial support to the Pavilions operations, and benevolent care for its residents, provides invaluable resources during these challenging times.

Reassessing the Goals

The Mission of the Grand Traverse Pavilions “to provide accessible, trusted, and compassionate care that enhances the quality of life for aging adults” has remained constant since the inception of its predecessor, The Grand Traverse Medical Care Facility in 1959. The Pavilions, as we know it today, opened its doors in 1997 with the Vision to be the regions trusted partner and recognized leader for successful aging services. The mission and vision of the organization still ring true today, however, the goals to how we achieve this mission and vision is certainly being tested.



Rose Coleman, CEO/Administrator

Prior to COVID the Pavilions indeed was well known for having a wait list, because it was often considered the finest and most desired facility to care for our communities aging adults. While we are honored to still be preferred by many families as the “organization of choice” when considering who they want to be entrusted with their loved ones care; today, we have a wait list for a much more complicated reason – staffing. It has been stated repeatedly that the national healthcare worker shortage that was an issue prior to COVID is now a National Crisis. The Pavilions has been fortunate to be able to retain many of its skilled Certified Nurse Aids and Nurses, however, the clinical team has admittedly been reduced by as much as 40%. This reduction translates directly into the number of admissions the Pavilions is able to take. It has been publically shared that the workforce shortage has forced the Pavilions to close an entire unit (Aspen Pavilion) and take additional beds offline that otherwise would be available to care for aging adults in our community. “We simply can’t admit new residents if we don’t have the staff necessary to care for them.” The Pavilions has been fortunate to have received authorization to increase pay to the staff to insure current retention and recruitment efforts remain viable. However, the concern is that there are few new recruits entering the healthcare fields, and COVID has forced many experienced healthcare work-

ers to leave the industry out of fear, and exhaustion.

Recent efforts to consider “foreign born workers” have been stymied due to backlogs in the Immigration Departments that offer temporary work VISA’s to nurses from other countries such as the Philippines. Other issues such as affordable local workforce housing has also complicated the issue. These new realities have forced

the Pavilions and Grand Traverse County Department of Health and Human Services Leadership to refocus the goals to be focused first on staff recruitment, which directly impacts the ability to grow admissions (census), acknowledging there is a delicate balance necessary to address the third leg of the Senior Care Services stool, which is related to the financial stability of the organization.

The Pavilions is fortunate to have solid resources that have been grown over the years through a diversification of services including the cottages, which offer independent and assisted living options, as well as, The Pavilions Rehab Unit and Wellness Center, all which round out the full-spectrum of aging adult care provided by Grand Traverse Pavilions.

The Grand Traverse Pavilions, established in 1997 to provide financial support to the Pavilions operations, and benevolent care for its residents, provides invaluable resources during these challenging times. However, now more than ever your donations and charitable support is needed and appreciated. If you are able, please consider a charitable contribution by visiting the Pavilions Foundation website <https://www.gtpavilions.org/donate/>.

The popular adage used to be “It takes a village to raise a child,” I would propose “It takes a village to care for the most vulnerable of its members.”

Rose Coleman

Mrs. Kelly's Journey Home Honored Caregivers

Mrs. Kelly's Journey Home was performed at the Old Town Play House on Friday, September 16 and 17, 2022. The Pavilions Foundation partnered with the Play House to bring this meaningful one-woman-play performed by Breeda Kelly Miller; author, public speaker, and now play-write, actor and advocate for caregivers. A photo album Miller put together for her mom (Mrs. Kelly), while she was her caregiver, created the vision for what would evolve into the play "Mrs. Kelly's Journey Home." Mrs. Kelly lived with Miller and her husband for six years. "Instead of watching her decline and deteriorate, I spent time in her room, going through all these pictures and photos of her vibrant, wonderful life," said daughter Breeda Miller. The Pavilions was pleased to offer this performance made possible by Performance Sponsors; Blue Cross/Blue Shield of Michigan (BCBSM) and Comfort Keepers of Traverse City, as well as, several other local senior care agency

sponsors. "We are grateful to all of the sponsors and to those who purchased tickets for the performances, as proceeds from the event will support Pavilions caregiver scholarships for advanced training" shared Deborah Allen, Pavilions Director of Development and Community Engagement.



2022 Concerts on the Lawn **Look Back**

2022 Concerts On the Lawn
Grand Traverse Pavilions
THURSDAYS @ 7:00PM
Enjoy a summer evening with great music, family and good friends. Note that parking is often limited so feel free to catch a free ride complimentary of BATA's Bayline bus.

- JULY 7 THE GORDON LIGHTFOOT TRIBUTE
- JULY 14 THE PETOSKEY H.S. STEEL DRUM BAND
- JULY 21 REBOOTED FEATURING JUDY HARRISON
- JULY 28 PETER, PAUL, AND MARY REMEMBERED
- AUGUST 4 BACKROOM GANG
- AUGUST 11 MIRIAM PICO AND FRIENDS
- AUGUST 18 BAY AREA LITTLE BIG BAND
- AUGUST 25 K JONES AND THE BENZIE PLAYBOYS

Free Music!
Fun For Families!

Support the powerful work of the foundation.
Freewill donations at the concerts will go directly to supporting the Grand Traverse Pavilions Foundation's efforts to care for the elders in our community.

TITLE SPONSOR
SERRA
WITH SUPPORT FROM:
HOMETOWN PHARMACY
CENTRE CITY
RENOVUS INSURANCE
Nate's Best Little Cream

HEADLINE SPONSORS
PROUT FINANCIAL DESIGN
Hospitals of Michigan
PRIMECARE | Heartland
RECORD EAGLE
RADIO CENTRE

MEDIA SPONSORS

The 2022 Concerts On The Lawn free outdoor music series offered by the Grand Traverse Pavilions Foundation was a wonderful success with eight weekly concerts featuring amazing local talent performing on the pastoral Grand Lawn under the Hayden Family Gazebo. Each Thursday evening, July through August, the clouds parted and a perfect summer evening allowed for a celebrations of music therapy for Pavilions residents and guests. Attendance at each of the free outdoor concerts was estimated on average to be around 2000 people, with some performances reaching closer to 5000 guests. The annual concert series has built up quite a following, however, the Pavilions often reminds visitors that it is never been the Pavilions intent to be a "concert venue," the focus is to provide an enjoyable evening, utilizing local talent who understand the importance of offering songs that will spark memories in the residents, and offer them the opportunity to sing along to some of their "oldies but goodies." Each year, Title Sponsor, Serra Subaru of Traverse City, and grant support offered by the Michigan Arts & Culture Council/Northwest Michigan Arts & Culture Network help fund the bands, which provides welcomed income to local performers, many who have been performing on the Grand Lawn for decades. Plans are already in the works for the 2023 season!

Quilts of Valor

At the special presentation held on Wednesday morning, August 10, 2022, under the tent on the Grand Lawn off Cherry Pavilion guests were welcomed by Grand Traverse Pavilions CEO/Administrator, Rose Coleman as the Traverse City Elks Lodge #323 Veterans Committee awarded seventeen veteran Residents of Grand Traverse Pavilions “Quilts of Valor” to Service Members or Veterans who have been touched by war. Cheryl Woodring, Interim Exalted Ruler of the Traverse City Elks Lodge #323 says, “Through a community grant from the Elks National Foundation, we have



been able to support a special Quilts of Valor Outreach Program. The Quilts of Valor Foundation was established with the mission to “cover Service Members and Veterans touched by war with comforting and healing Quilts of Valor.” A Quilt of Valor (QOV) is a quality, handmade quilt that is either machine or hand quilted to strict specifications. The quilters are pre-approved, and each quilt must be a specific size, have a label with required information and must be recorded.

This is a first of its kind joint event for Traverse City Elks Lodge #323, Quilts of Valor and Grand Traverse Pavilions, to band together in gratitude to continue to honor the service and sacrifice of our beloved wartime veterans.”

The Veterans honored represent the Armed Forces Branches of Army, Air Force, Navy, and Marines, who collectively served in four Wars/Military Conflicts – World War II (1941 – 1945), The Korean War (1950 – 1953), the Vietnam War (1964-1975), and the Iran-Iraq War (1980-1988). It was a special moment to witness the two



women, WWII Veterans, Ann Hatfield (Army – 2nd Lieutenant; Nurse Corps) and Betty McCullen (Marine - Corporal) be awarded their quilts.

The Pavilions has a heart-felt tradition of honoring Veterans. In 2018 the Veterans “Wall of Honor” was established with photos of Pavilions Residents who served in the Military. Coleman concluded “Today, we are grateful to the Traverse City Elks Lodge, the Grand Traverse Area Veterans Coalition, and the Quilts of Valor Foundation, for this opportunity to celebrate our elders who risked all to give us, and future generations, the freedoms we enjoy today.”

Foundation Sets “Spend Policy”

The Grand Traverse Pavilions Foundation leadership is in the process of completing an inventory and review of the current funds that were established at the onset of the organization in the mid-90’s. According to Foundation Treasurer, Cynthia Klingler, “It is not unusual for charitable organizations to evaluate the effectiveness of existing funds to determine if the initial intent of the donor is being met, or if processes/program have changed or evolved through the years. This is a healthy opportunity for review, and to connect with donors to reevaluate the viabil-

ity of current funds, as well as, the necessity for seeking additional funding initiatives and support. Deborah Allen, Director of Development and Community Engagement confirmed “The establishment of a spend policy will insure the appropriate use of the existing funds and endowments, and formalize the Foundation’s ongoing annual support for the mission of the Grand Traverse Pavilions – *“to provide accessible, trusted and compassionate care that enhances the lives of aging adults.”*”

Wheelchair Washer

Supports Infection Control Efforts

The Grand Traverse Pavilions recently purchased a new multipurpose wheelchair/walker washer this September. Medco is a pioneer of the Wheelchair Washer Industry and is known for the safety and effectiveness of their machines, and great quality of their products, known to last over 40 years. The Medco 64X machine is the latest development in infectious disease control for wheelchairs, walkers, shower stools and other items with just the push of a button. The 64X model runs 5 minute cycles and can wash and sanitize up to 20 chairs an hour. With an inside chamber height of 48 inches it allows us to wash and sanitize even the larger chairs like Geriatric chairs and high-back wheelchairs more efficiently. It features a fresh water system for the wash and



rinse cycle ensuring there is never any recycled water being used. A single 5 minute cycle results in 99.9% bacteria reduction, helping stop the spread of infectious disease through our facility.

With a fully enclosed wash cabinet and set fill times there is no need to worry about any flooding or any structural damage that may come from a flooding incident. The 64X model is known for needing very little maintenance other than changing the detergents and even then one gallon of the wash and rinse detergent will run three hundred, 5 minute cycles. Having this state of the art equipment helps free up time for our caregivers allowing them more time to aid Residents, and also plays a vital role in keeping the facility clean from infectious diseases.

Unique Approach to “Fall” Prevention Training

On September 22nd, Grand Traverse Pavilions staff celebrated National Fall Prevention Awareness Day and the first day of Fall. In effort to raise awareness on fall prevention, staff competed in a fall themed escape room. Staff were timed while they

raced to ensure the room was free from any fall hazards. According to the Centers for Disease Control and Prevention (CDC), falls account for 2.8 million older people visiting emergency departments each year and over 800,000 hospitalizations. As many as

300,000 older people experience hip fractures each year. Of those injuries, 95 percent are caused by falling. Grand Traverse Pavilions staff aim to keep our residents safe from falls and are always working towards a safe environment for all.



Lights of Love

Dear Friends of Grand Traverse Pavilions

When there are challenges and uncertainty in our lives we can often find comfort in family, community, and traditions! We hope the Grand Traverse Pavilions Foundation's Lights of Love celebration will become part of your Holiday gift giving tradition.

I invite you to join me in supporting Lights of Love with a gift in honor or remembrance of a parent, spouse, friend or caregiver who has made a lasting impression on your life. Each gift of \$25 or more will be represented symbolically on the beautifully decorated Holiday Tree in the main lobby of Grand Traverse Pavilions.

The tree will be adorned with lights and holiday ornaments, each a symbol of remembrance, love and honor for someone special. A listing of gifts made will be included on the Grand Traverse Pavilions Facebook page as part of our Holiday Well-Wishes.

In appreciation for your generous support, we hope you will find comfort in knowing that your gifts will allow us to hold a special Holiday "Tea and Treats" for our residents on Friday, December 16, 2022. We look forward to the opportunity to provide our residents with a wonderful celebration of community and remem-

brance during this upcoming holiday season.

We hope you will agree... "Giving brings healing and hope... while helping others." As funds raised will allow us to purchase Holiday Gifts for our Pavilions and Cottage residents who may not be able to celebrate with family or friends this season. Thank you in advance for your thoughtful consideration to support the Pavilions Lights of Love Holiday Celebration.

Warm Holiday Wishes,

Rose Coleman
CEO/Administrator



Lights of Love

Lights of Love 2022

Please complete this form and send to:
Grand Traverse Pavilions
1000 Pavilions Circle
Traverse City, MI 49684

Please check desired ornament(s):

- \$500 - Angel
- \$250 - Silver Star
- \$100 - Red Heart
- \$75 - Gold Star
- \$50 - Silver Heart
- \$25 - Lights

Check/Cash: \$ _____
is enclosed.

(Please make checks payable to Grand Traverse Pavilions Foundation)

Or visit our website to submit request:
<https://www.gtpavilions.org/donate/>

Your Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Please clearly print your commemorative message(s) below:

In Memory of: _____

In Honor of: _____

In Celebration of: _____

Person(s) to be notified of your commemoration gift:

Name: _____

Address: _____

City: _____

State: _____ Zip: _____